



Since 1993, the education program of Rebecca Kelly Ballet -- 579 Broadway, 4B, New York, NY 10012  
Tel: 212-431-8489 [RKBallet1@verizon.net](mailto:RKBallet1@verizon.net) [www.RebeccaKellyBallet.org](http://www.RebeccaKellyBallet.org) [www.Kidsco-Motion.com](http://www.Kidsco-Motion.com)

### KIDS CO-MOTION – What’s It All About?

ACTIVE LISTENING ACTIVE LIVES ACTIVE PLAY INTERACTIVE PLAY DANCE FOR FUN GOOD HABITS FOR LIFE

A choreographer’s inspiration and whole child developmental approach results in a dynamic, fun, early childhood creative movement program for studios and institutions. KCM was founded as a studio program in Soho in 1992, and is now offered in nursery schools, playgroups, pre-schools throughout Manhattan, Brooklyn and Westchester.

Active listening and constructive play, using music that motivates child and adult alike, using the power of language and song are our tools to help orient the young child make discoveries in leaps and bounds -- Kids Co-Motion is all about enjoying basic dance expression *together* - because that sends a most important endorsement - about creativity, about movement, about being active. We want to make dance a part of family life. The experience of *learning about learning* through participating in dance adapts itself to children’s play to further language and vocabulary development, improve social skills, and introduce scientific and mathematical concepts while exploring the body in motion.

### Brief History

Founded in 1992 by professional dancers and parents Rebecca Kelly (choreographer) and Craig Brashear, KIDS CO-MOTION is a creative movement, music and song experience for young children. KCM provides an atmosphere of delight in learning and accomplishment about while building clear vocabularies of movement and speech. using quality classical, folk, and popular music from many cultures. In the toddler class together with the enthusiasm of the participating parent or caregiver, and the skilled example of the teacher, the young child easily gains the confidence to learn a wide range of movement through imitation, experimentation, a sense of joint adventure, and by inspiration. *“To us it is clear, children learn best in an atmosphere of enthusiasm, optimism, and forbearance, and where limits are clearly defined. Children are inspired and guided to acquire movement and music experiences with plenty of opportunity for modeling behavior.”* RK

In 1992, KIDS CO-MOTION was selected to become part of the curriculum of the **Innovative Learning Centers**, which provide extensive daycare programs affiliated with hospitals throughout New York City. KCM teachers provided a series of 1/2 hour sessions for classes of two, three, four and five-year olds. The routines and methods are easily learned by the daycare staff who participate in the classes along with the children and the KCM teacher. Since 1993, KIDS CO-MOTION has been taught at the Lamm Institute Pre-School for Developmentally Delayed Children in Brooklyn. In 2005 KCM’s program for 3’s and 4’s was selected to become part of the curriculum of the Riverdale Neighborhood House, a well established Pre-School serving its community since 1872, and in the St. Matthew’s Church, in Hastings-on-Hudson, NY

KIDS CO-MOTION studio classes are currently offered in Manhattan at the Rebecca Kelly Ballet studio. Kelly’s SoHo classes have also been used as an observation lab and training environment for graduate students at nearby New York University. KCM is currently part of the weekly curriculum at the Creative Steps Nursery School, the Childrens Aid Society, and University Plaza Nursery School in Soho, and in independently organized private classes. Kids Co-Motion has been taught in various studios including the West Park Presbyterian Church on the Upper West Side, 1993-2001, the Jewish Community Center, and the Reebok Sports Club for three years as an independent contractor. KCM has supplied creative movement instructors for the, Barrow Street Nursery, Families First (Brooklyn), and Downing Street Playgroups. PS 198 (Bronx) brought its K-1 students on a field trip for an on-site masterclass in KCM’s spacious unobstructed loft studio in SoHo.

PEDIATRICIAN RECOMMENDED!

UNIQUE EARLY CHILDHOOD ARTS ENRICHMENT!

SKILL BUILDING FOR THE BODY AND MIND!

THE CHILDREN’S CREATIVE MOVEMENT PROGRAM OFFERED IN MANY CONVENIENT LOCATIONS

SOHO

BROOKLYN

HASTINGS-ON-HUDSON

RIVERDALE

THE ADIRONDACKS



Since 1993, the education program of Rebecca Kelly Ballet -- 579 Broadway, 4B, New York, NY 10012  
Tel: 212-431-8489 [RKBallet1@verizon.net](mailto:RKBallet1@verizon.net) [www.RebeccaKellyBallet.org](http://www.RebeccaKellyBallet.org) [www.Kidsco-Motion.com](http://www.Kidsco-Motion.com)

Kids Co-Motion promotes

ACTIVE LISTENING ACTIVE LIVES ACTIVE PLAY INTERACTIVE PLAY DANCE FOR FUN GOOD HABITS FOR LIFE

## ABOUT THE FOUNDERS REBECCA KELLY BALLET and KIDS CO-MOTION

**Rebecca Kelly, (Co-founder, Co-Director, Kids Co-Motion, choreographer, movement instructor)** grew up in Great Britain, Washington, D.C. and the Sudan. Her training was at the Washington Ballet School. She holds a BA, Cum Laude degree in the History of Oriental Religion, '73, from Bryn Mawr College, PA. She founded **Rebecca Kelly Ballet (RKB)** in 1979, and has since created over 70 dances. RKB is an internationally acclaimed contemporary ballet company which has toured throughout Europe and the US. It is well known for its 20-year youth outreach, performance program, ONSTAGE created for rural communities in upstate New York. Kelly was commissioned by the St. Luke's Orchestra's Arts Education program to create ballets based on Stravinsky's "The Soldier's Tale," and Bizet's "Carmen." presented with the live orchestra for an audience of 8,000 public school students each year. Kelly has also designed dance for commercials, industrials, runway fashion shows, and musicals. Rebecca Kelly directs the KIDS CO-MOTION studio program in Manhattan and designs and using her unique choreographic method develops material for the arts enrichment, residency, visiting artists, and master class programs. She has been a guest lecturer on various subjects relating to dance, early childhood education and parenting. She is author of the manual *Dancing With Delight, A Choreographer's Approach to Whole Child Development through Positive Learning and Creative Movement*, 1995.

**Craig Brashear, (Co-founder, Co-Director, Kids Co-Motion, movement instructor)**, from Norristown, PA has a degree in Physics from Haverford College, PA. He comes from a musical background in which music, theater and song were very much a part of family life. He danced professionally with REBECCA KELLY DANCE from 1975-1991. He is Executive Director of Rebecca Kelly Ballet. Craig teaches KIDS CO-MOTION classes throughout New York City and in upstate New York during the summers. He has worked with developmentally challenged pre-schoolers at the Lamm Institute since 1993. He has taught KCM workshops for rural children in the Adirondack Mountains, for the Columbus Group, a group of asynchronously developed gifted children in Jay, NY, and at Asphalt Green's Summer Camp on the Upper East Side in Manhattan. He currently teaches dance in several Pre-School programs including Creative Steps, UPNS, and the Children's Aid Society in SoHo.

**Michelle Wurf (senior instructor, Kids Co-Motion)**, studied dance at New York University and received her BFA in modern dance from the University of Arts in Philadelphia. She spent a season with Aufdruckstanz Dance Theatre in Philadelphia. In New York City, she has danced in an En Garde Dance Production, and with Copperworks Dance. She has been teaching young children for over 17 years. She has taught for Kids Co-Motion in all its locations since 1994, and is currently **Director of the Westchester Division of Kids Co-Motion**, located in Hastings on Hudson. She implemented the KCM program at the Neighborhood House Pre-School in Riverdale. Michelle is also the parent of two children.

KCM uses college educated, professional artists for its teaching staff because their passion and skill are special assets making them charismatic and inspiring teachers of creative endeavor. All are trained by KCM, and bring backgrounds in early childhood education and childcare experience to inform their teaching style.

---

PEDIATRICIAN RECOMMENDED!

UNIQUE EARLY CHILDHOOD ARTS ENRICHMENT!

SKILL BUILDING FOR THE BODY AND MIND!

---

THE CHILDREN'S CREATIVE MOVEMENT PROGRAM OFFERED IN MANY CONVENIENT LOCATIONS

SOHO

BROOKLYN

HASTINGS-ON-HUDSON

RIVERDALE

THE ADIRONDACKS



Since 1993, the education program of Rebecca Kelly Ballet -- 579 Broadway, 4B, New York, NY 10012  
Tel: 212-431-8489 [RKBallet1@verizon.net](mailto:RKBallet1@verizon.net) [www.RebeccaKellyBallet.org](http://www.RebeccaKellyBallet.org) [www.Kidsco-Motion.com](http://www.Kidsco-Motion.com)

**Kids Co-Motion is typically offered in a large open, unobstructed, safe space. The minimum dimensions of a suitable room are approximately 20' x 30'.** A classic dance studio with a buoyant wood or Marley covered floor is preferred, with 4x6' mirrors along one wall. Our Soho ballet studio is 24 x 40.' Spaciousness is a huge attraction for urban families, who need dynamic indoor space. But for the early childhood classes, we have also used a multi-purpose room with a low-pile rug. There should be elevator access, a place for strollers, a public bathroom, and a secure storage room for KCM equipment.

**KCM EQUIPMENT IS MINIMAL.** A CD player is required. While we do use a basket of musical instruments, a tumbling mat, and a variety of manipulatives within the early childhood class format, the emphasis of Kids Co-Motion is that *no special equipment* is needed to teach a child to love to listen actively and to respond joyfully in dance to music.

**The STAFF OF KCM** include professional dancers with a background in education. Each year they participate in additional teacher training sessions offered through the KCM Institute. Members of Rebecca Kelly Ballet teach the after-school ballet and modern and performance and residency programs. Rebecca Kelly directs new programming.

**GOALS OF KCM** Rebecca Kelly Ballet's arts and education programs serve the entire community. Starting with Kids Co-Motion, the lively, imaginative program introduces the joys of movement and promotes active listening to music to the youngest members of the dance community, along with their parents or caregivers. Kids Co-Motion brings children and adults together to stimulate dialogue and interactive thinking and playing, as body and minds are trained in movement.

The majority of parents respond intuitively and effectively to their young ones, but demands on parent time and energy sometimes subvert good intentions and "goodness of fit." It is useful for parents to seek outside-the-home programs that bring fun and focus to parent/child interaction and is enabling to both parent and child. Kids Co-Motion is a program which affords an opportunity toward achieving the developmental goals and milestones in a creative and imaginative way. It is a way to increase the vitality of parent/child interaction, developmentally sensitive to the loving interactional dance of infant and mother, while appropriately exploiting the ebullience of the physically autonomous and curious toddler. All this stirs the creative imagination and fantasy of the pre-school child into a new awareness of how the world and one's body works.

**EXPOSURE TO THE ARTS FROM THE PRESCHOOLER THROUGHOUT THE TEENAGE YEARS,** cultivates the kind of cognitive development that children need, before passive activities such as television, video and computer games entice them with non-physical alternatives. Dance training and performance ignite the imagination, and provide an absorbing physical outlet, bypassing some of the negative products of competitiveness. Dance allows young people to develop their social skills in a climate of friendship, good will, humor, open mindedness, along with setting personal and group goals for the highest standards for achievement. Dance students develop useful skills of physical effort and grace, artistic discipline, cooperation, and focus, which are good for school, and good for life.

**OUTREACH** In addition to the class and studio program, Rebecca Kelly Ballet provides exciting opportunities for families to enjoy dance performance through **Open studios** showing the work of advanced students, and **Behind the Scenes** program where families can watch professionals in informal studio presentations, and, where tickets for children under the age of 8 years are free at the home season of RKB. Our goal – to make dance a part of family life!

---

PEDIATRICIAN RECOMMENDED!

UNIQUE EARLY CHILDHOOD ARTS ENRICHMENT!

SKILL BUILDING FOR THE BODY AND MIND!

---

THE CHILDREN'S CREATIVE MOVEMENT PROGRAM OFFERED IN MANY CONVENIENT LOCATIONS

SOHO

BROOKLYN

HASTINGS-ON-HUDSON

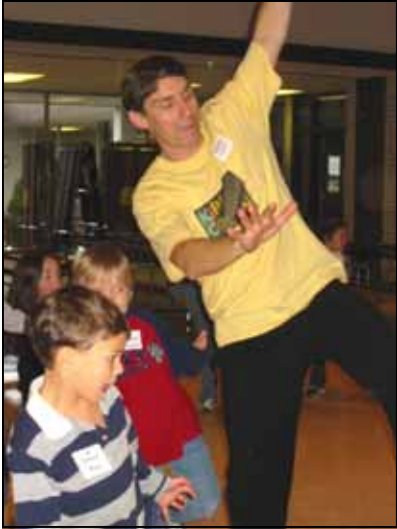
RIVERDALE

THE ADIRONDACKS



# REBECCA KELLY BALLET Community EDUCATION and OUTREACH Programs

579 Broadway, 4B, New York, NY 10012 www.RebeccaKellyBallet.com



## KIDS CO-MOTION

Early childhood dance

Named “one of the best nontraditional movement programs for kids”

TimeOut New York Kids  
January 2007



It's never too late —or too early—to start dancing



## BEHIND-THE-SCENES

Integrating the arts into family life



## RKB TEEN Company

A creative outlet—Skill building for body and mind



## RKB'S COMMUNITY OUTREACH PROGRAMS

nurture the link between an accessible experience of dance as it matures into a keen appreciation for the performing arts.

# KIDS CO-MOTION®



**Call Today! 212-431-8489**

**Start anytime!**

Skill building for  
body and mind.

The education program of  
Rebecca Kelly Ballet

## **DANCE CLASSES**

**TODDLERS to TEENS**

Email: [RKBallet@ix.netcom.com](mailto:RKBallet@ix.netcom.com)

[www.Kidsco-Motion.com](http://www.Kidsco-Motion.com)

New sessions each FALL, WINTER, and SPRING

**Manhattan**

**Brooklyn**

**Hastings**

**Riverdale**

**The Adirondacks**

# KIDS CO-MOTION® WHAT IS IT ALL ABOUT?

KCM offers high quality and profoundly enjoyable creative experience in dance in our neighborhoods. Active listening and constructive play, terrific music that motivates child and adult alike, using the power of language and song to help orient the young child as he or she makes discoveries in leaps and bounds Kids Co-Motion is all about enjoying basic dance expression *together*, because that sends a most important endorsement -about creativity, about movement, about being active.

## — Make Dance a Happy, Healthy Part of Family Life —

A choreographer's inspiration and whole child developmental approach results in a lively, fun, creative movement program for every age. KCM nurtures the path between an accessible experience of dance as it matures into a keen appreciation for the performing arts. Offered in studio locations and neighborhood nursery and pre-schools. Classes include Mommy-and-Me for Tots and Toddlers, Creative Movement for 3's, Dance Basics, Beginning Ballet, and Modern Technique and Performance, for Teens, RKB Teen Company, Winter Intensive, Onstage Summer Camp in the Adirondacks.

Go to [www.Kidsco-Motion.com](http://www.Kidsco-Motion.com) to obtain schedule and registration forms. Or call **212-431-8489**.

*We greatly admire your rapport with very little people.* Bank Street College of Education

*KCM teachers' sensitivity and warmth coupled with the highly motivating and structured dance routines have proven to be very successful at our school.* Stanley S. Lamm Institute Pre-School

Kids Co-Motion is the education program of Rebecca Kelly Ballet  
Rebecca Kelly Ballet, 579 Broadway, 4B New York, NY 10012. [RKBallet@ix.netcom.com](mailto:RKBallet@ix.netcom.com)

Ballet  
Rebecca Kelly