

# SUMMER YOGA in AU SABLE FORKS!

Tuesdays, 6:00 -7:15pm, June 9- July 21

at Cloudsplitter Studio, Tahawus Center, Main St.

**\$10 per class for walk-ins or \$60 for 7- week series**

*For all ages and abilities. Beginners welcome!*



Slow down and  
take time to nourish  
your body, mind and spirit

Bring a mat (if you have one)  
& a beach towel!



**Instructor, Stefanie Kearns, RYT-200**

Stef studied Exercise Science at Penn State Univeristy and has been teaching movement for 20+ years as an outdoor skills instructor and occasional dance teacher. She has been teaching yoga for 5 years and specializes in outdoor yoga experiences. Private instruction also available.

**Contact: [stefkearns@gmail.com](mailto:stefkearns@gmail.com) or 518-524-4660**